



# Bolton Senior Center

# July 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 8:30 Exercise room 9:30 11:30 Social Time 12:00 12:30 Lunch 1:00 Bingo	2 8:30 Exercise Room 9:30 11:30 Social Time 12:00 12:30 Lunch 1:00 Geri Fit	3 8:30 Exercise room 9:30 11:30 Social Time 12:00 12:30 Lunch 1:00 Bingo	4 8:30 Exercise Room 9:30 11:30 Social Time 12:00 12:30 Lunch 1:15 Geri Fit	48:30 Exercise Room 9:30 11:30 Social Time 12:00 12:30 Lunch 1:00 Bingo
8 8:30 Exercise Room 9:30 11:30 Social Time 12:00 12:30 Lunch 1:00 Bingo	9 8:30 Exercise Room 9:30 11:30 Free Time 12:00 12:30 Lunch 1:15 Geri Fit	10 8:30 Exercise Room 9:30 11:30 Social Time 12:00 12:30 Lunch 1:00 Bingo	11 8:30 Exercise Room 9:30 11:30 Social Time 12:00 12:30 Lunch 1:00 Bingo	12 8:30 Exercise Room 9:30 11:30 Social Time 12:00 12:30 Lunch 1:15 Bingo
15 8:30 Exercise Room 9:30 11:30 Social Time 12:00 12:30 Lunch 1:00 Bingo	16 8:30 Exercise Room 9:30 11:30 Social Time 12:00 12:30 Lunch 1:15 Geri Fit	17 8:30 Exercise Room 9:30 11:30 Social Time 12:00 12:30 Lunch 1:15 Bingo	18 8:30 Exercise Room 9:30 11:30 Social Time 12:00 12:30 Lunch 1:15 Geri Fit	19 8:30 Exercise Room 9:30 11:30 Social Time 12:00 12:30 Lunch 1:15 Bingo
22 8:30 Exercise Room 9:30 11:30 Social Time 12:00 12:30 Lunch 1:15 Bingo	23 8:30 Exercise Room 9:30 11:30 Social Time 12:00 12:30 Lunch 1:15 Geri Fit	24 8:30 Exercise Room 9:30 11:30 Social Time 12:00 12:30 Lunch 1:15 Bingo	25 8:30 Exercise Room 9:30 11:30 Social Time 12:00 12:30 Lunch 1:15 Geri Fit	26 8:30 Exercise Room 9:30 11:30 Social Time 12:00 12:30 Lunch 1:15 Bingo
29 8:30 Exercise Room 12:00 12:30 Lunch 1:00 Bingo	30 8:30 Exercise 12:00 12:30 Lunch 1:15 Geri Fit	31 8:30 Exercise 12:00 12:30 Lunch 1:15 Bingo	 shutterstock · 283484231	 shutterstock · 442282306

# Bolton Senior Center

July 2024

- July 04 Closed
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Cindy Cook– Coordinator

Carolyn Strickland – Nutrition Site Manager