

Guideway/Bug Hill Senior Center DECEMBER 2024

Monday	Tuesday	Wednesday	Thursday	Friday
<p>2 Exercise Room 9-5 10 Crosswords/Puzzles 11:00 Geri Fit 11:30 Weekly Announcements 11:45 Lunch/Social 2:00 BEG Geri-Fit</p>	<p>3 Exercise Room 9-5 9:00 Puzzles/Games 11:30 Chair Exercise 11:45 Lunch/Social 1:00 Cardio Drumming</p>	<p>4 Exercise Room 9-5 9:00 Puzzles/Games 11:00 Geri Fit 11:45 Lunch/Social</p>	<p>5 <u>Day Trip to Myrtle Beach/Greg Rowles Theatre Christmas Show.</u> Depart from center: 9:45 Estimated return: 4:30</p>	<p>6 Exercise Room 9-1 9:00 Word Games 9:30 Fellowship/Fun 11:45 Lunch/Social</p>
<p>9 Exercise Room 9-5 10 Crosswords/Puzzles 11:00 Geri Fit 11:30 Weekly Announcements 11:45 Lunch/Social 2:00 BEG Geri-Fit</p>	<p>10 Exercise Room 9-5 9:00 Puzzles/Games 11:30 Chair Exercise 11:45 Lunch/Social 1:00 Cardio Drumming</p>	<p>11 Exercise Room 9-5 9:00 Puzzles/Games 11:00 Geri Fit 11:45 Lunch/Social 2:00 Geri Fit</p>	<p>12 Exercise Room 9-5 9:30 Cards 11:45 Lunch/Social 1:00 Puzzles/Games</p>	<p>13 Exercise Room 9-1 9:00 Word Games 11:45 Lunch/Social</p>
<p>16 Exercise Room 9-5 10 Crosswords/Puzzles 11:00 Geri Fit 11:30 Weekly Announcements 11:45 Lunch/Social 2:00 BEG Geri-Fit</p>	<p>17 Exercise Room 9-5 9:00 Puzzles/Games 11:30 Chair Exercise 11:45 Lunch/Social 1:00 Crafts</p>	<p>18 Exercise Room 9-5 <u>Christmas Party & Games 11:00</u> <i>Christmas Celebration</i></p> 	<p>19 Exercise Room 9-1 9:00 Puzzles/Games 9:30 Cards 11:45 Lunch/Social <u>*Last day of Meals till 1/2/2025</u></p>	<p>20 CLOSED</p> 
<p>23 CLOSED</p> 	<p>24 CLOSED</p> 	<p>25 CLOSED</p> 	<p>26 CLOSED</p> 	<p>27 CLOSED</p> 
<p>30 CLOSED</p> 	<p>31 CLOSED</p> 	<p><u>Center will re-open on Thursday January 2nd 2024</u></p> <p><u>Please have a safe and Merry Christmas & a Happy New Year!</u></p>	<p>Legal aid of NC 800.672.9304 Reverse Mortgage info 919-877-5700</p> <p>Medication Assistance Program INFO 910-640-6602 ext. 250 Medicare Info: 910-640-6602 ext. 241</p>	<p>*Disclaimer: This calendar is subject to change at any time.</p>

FOR MORE INFORMATION: Contact Jenny Godwin @ 788-1614 jgodwin@columbusco.org