CHADBOURN SENIOR CENTER

December



Monday	Tuesday	Wednesday	Thursday	Fríday
9:30 Digital Lit. 11:00 GERI-FIT/cardio drumming 12:00 LUNCH 1:00 PHASE 10	3 8:30 10:45 BIBLE STUDY 12:00 LUNCH 1:00-4:00 CANASTA	4 8:30 11:00 GERI FIT 12:00 LUNCH 1:00	58:30 12:00 LUNCH 1:00-4:00 CRAFTS	6 9:30 Digital Lit. 11:00 GERI FIT 12:00 LUNCH 1:00 PHASE 10
9 9:30 Digital Lit. 11:00 GERI-FIT/cardio drumming 12:00 LUNCH 1:00 PHASE 10	10 8:30 10:45 BIBLE STUDY 12:00 LUNCH 1:00-4:00 CANASTA	11 8:30 11:00 GERI FIT 12:00 LUNCH 1:00	12 8:30 12:00 LUNCH 1:00-4:00 CRAFTS	9:30 Digital Lit. 11:00 GERI-FIT/cardio drumming 12:00 LUNCH 1:00 PHASE 10
16 9:30 Digital Lit. 11:00 GERI-FIT/cardio drumming 12:00 LUNCH 1:00 PHASE 10	17 8:30 10:45 BIBLE STUDY 12:00 LUNCH 1:00-4:00 CANASTA	18 8:30 11:00 GERI-FIT 12:00 LUNCH 1:00 BINGO@1pm	19 8:30 12:00 LUNCH 1:00-4:00 SIP AND PAINT	9:30 Digital Lit. 11:00 GERI-FIT/cardio drumming 12:00 LUNCH 1:00 PHASE 10/SEWING CIRCLE CLOSED
23 9:30 Digital Lit. 11:30 GERI-FIT 12:00 LUNCH 1:00 PHASE	24 8:30 10:45 BIBLE STUDY 12:00 LUNCH 1:00-4:00 CANASTA	25 8:30 11:00 GERI FIT 12:00 LUNCH 1:00- CLOSED	26 8:30 12:00 LUNCH 1:00-4:00 CRAFTS CLOSED	27 9:30 Digital Lit. 11:30 GERI-FIT/cardio drumming 12:00 LUNCH 1:00 PHASE 10/SEWING CIRCLE CLOSED
9:30 Digital Lit. 11:30 GERI-FIT/cardio drumming 12:00 LUNCH 1:00 PHASE	8:30 10:45 BIBLE STUDY 12:00 LUNCH 1:00-4:00 CANASTA		MERRY	Season's Greetings

CHADBOURN SENIOR CENTER NEWS LETTER DECEMBER 2024

HAPPY BIRTHDAY

Darrell Reaves 12/06
Betty Hinson 12/10
Betty Bryan 12/17
Hank Williamson 12/20
Albenny Burney 12/24

PLEASE DON'T FORGET!!

Gentiva for Bingo 12/04 at 11am Myrtle Beach getaway Dec. 10-12th Congregate meals ends on 12/18

*WE WILL BE WEARING OUR CHADBOURN SENIOR CENTER
SHIRTS ON FRIDAYS. IF YOU DO NOT HAVE ONE AND WOULD LIKE TO PURCHASE ONE PLEASE LET ME
KNOW

Congregate meals are being served daily for anyone 60 and older. Tell a friend and bring a friend © Must register with nutrition mgr. in order to participate.

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