

CHADBOURN SENIOR CENTER

November









Monday

Tuesday

Wednesday

Thursday

Friday

				<p>1 9:30 Digital Lit. 11:00 GERI FIT 12:00 LUNCH 1:00 PHASE 10</p>
<p>4 9:30 Digital Lit. 11:00 GERI-FIT/cardio drumming 12:00 LUNCH 1:00 PHASE 10</p>	<p>5 8:30 10:45 BIBLE STUDY 12:00 LUNCH 1:00-4:00 CANASTA</p>	<p>6 8:30 11:00 GERI FIT 12:00 LUNCH 1:00</p>	<p>7 8:30 12:00 LUNCH 1:00-4:00 CRAFTS</p> 	<p>8 9:30 Digital Lit. 11:00 GERI-FIT/cardio drumming 12:00 LUNCH 1:00 PHASE 10</p>
<p>11</p>  <p>THANKS for your SERVICE</p> <p>Closed</p>	<p>12 8:30 10:45 BIBLE STUDY 12:00 LUNCH 1:00-4:00 CANASTA</p> 	<p>13 8:30 11:00 GERI-FIT 12:00 LUNCH 1:00 BINGO@1pm</p> 	<p>14 8:30 12:00 LUNCH 1:00-4:00 SIP AND PAINT</p>	<p>15 9:30 Digital Lit. 11:00 GERI-FIT/cardio drumming 12:00 LUNCH 1:00 PHASE 10/SEWING CIRCLE</p>
<p>18 9:30 Digital Lit. 11:30 GERI-FIT 12:00 LUNCH 1:00 PHASE</p>	<p>19 8:30 10:45 BIBLE STUDY 12:00 LUNCH 1:00-4:00 CANASTA</p> 	<p>20 8:30 11:00 GERI FIT 12:00 LUNCH 1:00-</p>	<p>21 8:30 12:00 LUNCH 1:00-4:00 CRAFTS</p>	<p>22 9:30 Digital Lit. 11:30 GERI-FIT/cardio drumming 12:00 LUNCH 1:00 PHASE 10/SEWING CIRCLE</p>
<p>25 9:30 Digital Lit. 11:30 GERI-FIT/cardio drumming 12:00 LUNCH 1:00 PHASE</p> <p>YOU MATTER!!</p>	<p>26 8:30 10:45 BIBLE STUDY 12:00 LUNCH 1:00-4:00 CANASTA</p>	<p>27 8:30 11:00 GERI-FIT 12:00 LUNCH 1:00 Puzzles</p> 	<p>28 8:30 12:00 LUNCH 1:00-4:00 CRAFTS</p> <p><i>Grateful Thankful Blessed Happy Thanksgiving!!</i></p>	<p>29 9:30 Digital Lit. 11:30 GERI-FIT/cardio drumming 12:00 LUNCH 1:00 PHASE 10/SEWING CIRCLE</p>

CHADBOURN SENIOR CENTER NEWS LETTER NOVEMBER 2024



HAPPY BIRTHDAY

Sara Frink 11/3
Tommy Lane 11/11
Linda White 11/12
Joan Elliott 11/28

PLEASE DON'T FORGET!!

SHIIP 11/01
Gentiva for Bingo 11/6 at 11am
Closed for Veterans Day 11/11

**WE WILL BE WEARING OUR CHADBOURN SENIOR CENTER SHIRTS ON FRIDAYS. IF YOU DO NOT HAVE ONE AND WOULD LIKE TO PURCHASE ONE PLEASE LET ME KNOW*

Congregate meals are being served daily for anyone 60 and older. Tell a friend and bring a friend 😊 Must register with nutrition mgr. in order to participate.

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