

# CHADBOURN SENIOR CENTER

January




Monday

Tuesday

Wednesday

Thursday

Friday

		<b>1</b> 8:30 11:00 GERI FIT 12:00 LUNCH 1:00	<b>2</b> 8:30 12:00 LUNCH 1:00-4:00 CRAFTS	<b>3</b> 9:30 Digital Lit. 11:00 GERI FIT 12:00 LUNCH 1:00 PHASE 10
<b>6</b> 9:30 Digital Lit. 11:00 GERI-FIT/cardio drumming 12:00 LUNCH 1:00 PHASE 10	<b>7</b> 8:30 10:45 BIBLE STUDY 12:00 LUNCH 1:00-4:00 CANASTA	<b>8</b> 8:30 11:00 GERI FIT 12:00 LUNCH 1:00 <b>GENTIVIA FOR BINGO            @11AM</b>	<b>9</b> 8:30 12:00 LUNCH 1:00-4:00 CRAFTS	<b>10</b> 9:30 Digital Lit. 11:00 GERI-FIT/cardio drumming 12:00 LUNCH 1:00 PHASE 10
<b>13</b> 9:30 Digital Lit. 11:00 GERI-FIT/cardio drumming 12:00 LUNCH 1:00 PHASE 10	<b>14</b> 8:30 10:45 BIBLE STUDY 12:00 LUNCH 1:00-4:00 CANASTA	<b>15</b> 8:30 11:00 GERI-FIT 12:00 LUNCH 1:00 BINGO @1pm  	<b>16</b> 8:30 12:00 LUNCH 1:00-4:00 SIP AND PAINT	<b>17</b> 9:30 Digital Lit. 11:00 GERI-FIT/cardio drumming 12:00 LUNCH 1:00 PHASE 10
<b>20</b> 9:30 Digital Lit. 11:30 GERI-FIT 12:00 LUNCH 1:00 PHASE  <b>CLOSED</b>	<b>21</b> 8:30 10:45 BIBLE STUDY 12:00 LUNCH 1:00-4:00 CANASTA	<b>22</b>  8:30 11:00 GERI FIT 12:00 LUNCH 1:00-	<b>23</b>  8:30 12:00 LUNCH 1:00-4:00 CRAFTS	<b>24</b> 9:30 Digital Lit. 11:30 GERI-FIT/cardio drumming 12:00 LUNCH 1:00 PHASE 10
<b>27</b> 9:30 Digital Lit. 11:30 GERI-FIT/cardio drumming  12:00 LUNCH 1:00 PHASE	<b>28</b>  8:30 10:45 BIBLE STUDY 12:00 LUNCH 1:00-4:00 CANASTA	<b>29</b> 8:30 11:00 GERI FIT 12:00 LUNCH 1:00-	<b>30</b> 8:30 12:00 LUNCH 1:00-4:00 CRAFTS	<b>31</b>  9:30 Digital Lit. 11:30 GERI-FIT/cardio drumming 12:00 LUNCH 1:00 PHASE 10

# CHADBOURN SENIOR CENTER NEWS LETTER JANUARY 2025

## HAPPY BIRTHDAY

Purvis Frink 1-10  
Donna Frink 1-12  
Lucy Frink 1-15  
Peggy Nobles 1-22  
Faye Formyduval 1-25  
Wanda McFadden 1-25

**PLEASE DON'T FORGET!!**

**Gentiva for Bingo 01-08 at 11am**

*Congregate meals are being served daily for anyone 60 and older. Tell a friend and bring a friend 😊 Must register with nutrition mgr. in order to participate.*

Erica Harris (coordinator) [Erica.harris@columbusco.org](mailto:Erica.harris@columbusco.org)  
403 N. Pine ST.  
Chadbourn NC 28431 910-654-4423