

CHADBOURN SENIOR CENTER

March

Monday

Tuesday

Wednesday

Thursday

Friday

<p>3 9:30 Digital Lit. 11:30 GERI-FIT/cardio drumming</p> <p>12:00 LUNCH 1:00 PHASE</p>	<p>4 8:30 10:45 BIBLE STUDY 12:00 LUNCH 1:00-4:00 CANASTA</p>	<p>5 8:30 11:00 GERI FIT 12:00 LUNCH 1:00</p> <p>Gentiva Bingo @11</p>	<p>6 8:30 12:00 LUNCH 1:00-4:00 CRAFTS</p>	<p>7 9:30 Digital Lit. 11:00 GERI FIT 12:00 LUNCH 1:00 PHASE 10</p>
<p>10 9:30 Digital Lit. 11:00 GERI-FIT/cardio drumming 12:00 LUNCH 1:00 PHASE 10</p>	<p>11 8:30 10:45 BIBLE STUDY 12:00 LUNCH 1:00-4:00 CANASTA</p>	<p>12 8:30 11:00 GERI FIT 12:00 LUNCH 1:00</p> <p>Liberty Home Care for Bingo @ 1pm</p>	<p>13 8:30 12:00 LUNCH 1:00-4:00 CRAFTS</p> <p>Free incontinence supplies Whiteville Senior Center 12-1:30pm</p>	<p>14 9:30 Digital Lit. 11:00 guest speaker 12:00 LUNCH 1:00 PHASE 10</p>
<p>17 9:30 Digital Lit. 11:00 GERI-FIT/cardio drumming 12:00 LUNCH 1:00 PHASE 10</p>	<p>18 8:30 10:45 BIBLE STUDY 12:00 LUNCH 1:00-4:00 CANASTA</p>	<p>19 8:30 11:00 GERI-FIT 12:00 LUNCH 1:00 BINGO</p> 	<p>20 8:30 12:00 LUNCH 1:00-4:00 SIP AND PAINT</p>	<p>21 9:30 Digital Lit. 11:00 GERI-FIT/cardio drumming 12:00 LUNCH 1:00 PHASE 10</p>
<p>24 9:30 Digital Lit. 11:30 GERI-FIT 12:00 LUNCH 1:00 PHASE</p>	<p>25 8:30 10:45 BIBLE STUDY 12:00 LUNCH 1:00-4:00 CANASTA</p>	<p>26 8:30 11:00 GERI FIT 12:00 LUNCH 1:00-</p>	<p>27 8:30 12:00 LUNCH 1:00-4:00 CRAFTS</p>	<p>28 9:30 Digital Lit. 11:30 GERI-FIT/cardio drumming 12:00 LUNCH 1:00 PHASE 10</p>
<p>31 9:30 Digital Lit. 11:30 GERI-FIT 12:00 LUNCH 1:00 PHASE</p>				

CHADBOURN SENIOR CENTER NEWS LETTER MARCH 2025

HAPPY BIRTHDAY

Lillian McInnis 3-7

PLEASE DON'T FORGET!!

Gentiva for Bingo 03-05-25 @11AM

Liberty Home Care BINGO @1pm

Free incontinence supplies @ Whiteville Senior Center March13,2025 12-1:30pm

Congregate meals are being served daily for anyone 60 and older. Tell a friend and bring a friend 😊 Must register with nutrition mgr. in order to participate.

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