East Columbus Senior Center Activities March 2025

Monday	Tuesday	Wednesday	Thursday	Friday
3 9:00 Fitness Room 12:00 Lunch 1:00 Arts/Crafts	9:00 Fitness Room 11:00 Geri Fit 12:00 Lunch 1:00 Whist/Cards	5 9:00 Fitness Room 11:00 Bingo 12:00 Lunch	6 9:00 Fitness Room 11:00 Geri Fit 12:00 Lunch 1:00 Whist/Cards	7 9:00 Fitness Room 11:00 Bingo 12:00 Lunch 1:00 Arts/Crafts
Ensure Sold Daily	Ensure Sold Daily	Ensure Sold Daily	Ensure Sold Daily	Ensure Sold Daily
9:00 Fitness Room 12:00 Lunch 1:00 Arts/Crafts **Bow The Sound **Ensure Sold Doily	9:00 Fitness Room 11:00 Geri Fit 12:00 Lunch 1:00 Whist/Spades	12 9:00 Fitness Room 11:00 Bingo 12:00 Lunch	9:00 Fitness Room 11:00 Geri Fit 12:00 Lunch 1:00 Whist/Cards	9:00 Fitness Room 11:00 Bingo 12:00 Lunch 1:00 Arts/Crafts Jesus Jo The Sunshine Of My Soul
Ensure Sold Daily	Ensure Sold Daily	Ensure Sold Daily	Ensure Sold Daily	Ensure Sold Daily
9:00 Fitness Room 12:00 Lunch 1:00 Arts/Crafts Ensure Sold Daily	9:00 Fitness Room 11:00 Geri Fit 12:00 Lunch 1:00 Whist/Spades Whist Ensure Sold Daily	9:00 Fitness Room 11:00 Bingo 12:00 Lunch Ensure Sold Daily	9:00 Fitness Room 11:00 Geri Fit 12:00 Lunch 1:00 Whist/Spades Ensure Sold Daily	9:00 Exercise 11:00 Bingo 12:00 Lunch 1:00 Arts/Crafts Ensure Sold Daily
9:00 Fitness Room 12:00 Lunch 1:00 Arts/Crafts OK Monday LET'S DO THIS! Ensure Sold Daily	9:00 Fitness Room 11:00 Geri Fit 12:00 Lunch 1:00 Spades/Whist Ensure Sold Daily	9:00 Fitness Room 11:00 Bingo 12:00 Lunch Ensure Sold Daily	9:00 Fitness Room 11:00 Geri Fit 12:00 Lunch 1:00 Whist/Spades Ensure Sold Daily	9:00 Fitness Room 11:00 Bingo 12:00 Lunch 1:00 Arts/Crafts Ensure Sold Daily
31 9:00 Fitness Room 12:00 Lunch 1:00 Arts/Crafts Ensure Sold Daily	Hello March,		March International Women's Day	WORLD BACKUP DAY//// MARCH 31ST