
















East Columbus Senior Center Activities August 2024

Monday	Tuesday	Wednesday	Thursday	Friday
			<p>1 9:00 Fitness Room 11:00 Geri Fit 12:00 Lunch 1:00 Bid Whist</p>  <p>Ensure Sold Daily</p>	<p>2 9:00 Fitness Room 11:00 Bingo 12:00 Lunch 1:00 Arts/Crafts</p>  <p>Ensure Sold Daily</p>
<p>5 9:00 Fitness Room 12:00 Lunch 1:00 Arts/Crafts</p>  <p>Ensure Sold Daily</p>	<p>6 9:00 Fitness Room 11:00 Geri Fit 12:00 Lunch 1:00 Whist/Spades</p>  <p>Ensure Sold Daily</p>	<p>7 9:00 Fitness Room 11:00 Bingo 12:00 Lunch</p>  <p>Ensure Sold Daily</p>	<p>8 9:00 Fitness Room 11:00 Geri Fit 12:00 Lunch 1:00 Whist/Cards</p>  <p>Ensure Sold Daily</p>	<p>9 9:00 Fitness Room 11:00 Bingo 12:00 Lunch 1:00 Arts/Crafts</p>  <p>Ensure Sold Daily</p>
<p>12 9:00 Fitness Room 12:00 Lunch 1:00 Arts/Crafts</p>  <p>Ensure Sold Daily</p>	<p>13 9:00 Fitness Room 11:00 Geri Fit 12:00 Lunch 1:00 Whist/Spades</p>  <p>Ensure Sold Daily</p>	<p>14 9:00 Fitness Room 11:00 Bingo 12:00 Lunch</p>  <p>Ensure Sold Daily</p>	<p>15 9:00 Fitness Room 11:00 Geri Fit 12:00 Lunch</p>  <p>Ensure Sold Daily</p>	<p>16 9:00 Exercise 11:00 Bingo 12:00 Lunch 1:00 Arts/Crafts</p>  <p>Ensure Sold Daily</p>
<p>19 9:00 Fitness Room 12:00 Lunch 1:00 Arts/Crafts</p>  <p>Ensure Sold Daily</p>	<p>20 9:00 Fitness Room 11:00 Geri Fit 12:00 Lunch 1:00 Spades/Whist</p>  <p>Ensure Sold Daily</p>	<p>21 9:00 Fitness Room 11:00 Bingo 12:00 Lunch</p>  <p>Ensure Sold Daily</p>	<p>22 9:00 Fitness Room 11:00 Geri Fit 12:00 Lunch 1:00 Whist/Spades</p>  <p>Ensure Sold Daily</p>	<p>23 9:00 Fitness Room 11:00 Bingo 12:00 Lunch 1:00 Arts/Crafts</p>  <p>Ensure Sold Daily</p>
<p>26 9:00 Fitness Room 12:00 Lunch 1:00 Arts/Crafts</p> <p>Ensure Sold Daily</p>	<p>27 9:00 Fitness Room 11:00 Geri Fit 12:00 Lunch 1:00 Arts/Crafts</p> <p>Ensure Sold Daily</p>	<p>28 9:00 Fitness Room 11:00 Bingo 12:00 Lunch</p> <p>Ensure Sold Daily</p>	<p>29 9:00 Fitness Room 11:00 Geri Fit 12:00 Lunch</p> <p>Ensure Sold Daily</p>	<p>30 9:00 Fitness Room 11:00 Geri Fit 12:00 Lunch</p> <p>Ensure Sold Daily</p>