

TABOR CITY SENIOR CENTER ACTIVITIES JANUARY 2025

4  
Monday

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

		<p>1</p> <p>HAPPY NEW YEAR CLOSED</p>	<p>2</p> <p>9:00 Social 10:00 Craft Catch-up 10:30 Word search 12: 00 Lunch 1:00 Valentine craft</p>	<p>3</p> <p>9:00 Social 10:00 Exercises 10:30 Card Games 11:00 Announcements 12:00 Lunch 1:30 Craft</p>
<p>6</p> <p>9:00 Social 10:00 Chair Exercises 10:30 Bible Study – Preacher Jimmy Caine’s 11:45 Announcements 12:00 Lunch 1:00 Bingo/Lower Cape Fear Hospice</p>	<p>7</p> <p>9:00 Social- 10:00 Chair Yoga/Noya 10:30 Word Search 11:00 Geri-fit Class 11:45 Announcements 12:00 Lunch 1:00 Painting Class</p>	<p>8</p> <p>9:00 Social 10:00 Trivia Puzzles. 10:30 Word search 12: 00 Lunch 1:00 Movie Day/Mystery Craft</p>	<p>9</p> <p>9:00 Social 10:00 Craft Catch-up 10:30 Geri fit Class 11:00 Julie Foster –Trillum 12:00 Lunch 1:00 Valentine Craft</p>	<p>10</p> <p>9:00 Social 10:00 Exercises 10:30 Card Games 11:00 Announcements 12:00 Lunch 1:00 CRAFT</p>
<p>13</p> <p>9:00 Social 10:00 Chair Exercises 10:30 Bible Study – Preacher Jimmy Caine’s 11:45 Announcements 12:00 Lunch 1:00 Bingo/Gentiva</p>	<p>14</p> <p>9:00 Social- 10:00 Chair yoga/Noya 10:30 Word Search 11:00 Geri Fit Class 11:45 Announcements 12:00 Lunch 1:00 Calligraphy Class /Jayne Gore</p>	<p>15</p> <p>9:00 Social 10:00 Trivia Puzzles. 10:30 Word Search 12: 00 Lunch/ 1:00 Movie Day/Mystery Craft</p>	<p>16</p> <p>9:00 Social 10:00 Craft Catch-up 10:30 Geri fit Class 11:00 N.C. Ext – Nutrition Class 12 00 Lunch 1:00 Valentine Craft</p>	<p>17</p> <p>9:00 Social 10:00 Exercises 10:30 Card Games 11:00 Announcements 12:00 Lunch 1:30 Craft</p>
<p>20</p> <p><b>CLOSED</b></p> <p>MARTIN LUTHER KING DAY</p>	<p>21</p> <p>9:00 Social- 10:00 Chair Yoga/Noya 10:30 Word Search 11:00 Geri Fit Class 11:45 Announcements 12:00 Lunch 1:00 Painting Class</p>	<p>22</p> <p>9:00 Social 10:00 Trivia Puzzles. 10:30 Word Search 12: 00 Lunch/ 1:00 Movie Day/Mystery Craft</p>	<p>23</p> <p>9:00 Social 10:00 Craft Catch-up 10:30 Geri fit Class 11:00 N.C. EXT –Nutrition Class 12 00 Lunch 1:00 Valentine Craft</p>	<p>24</p> <p>9:00 Social 10:00 Exercises 10:30 Card Games 11:00 Announcements 12:00 Lunch 1:30 Craft</p>
<p>27</p> <p>9:00 Social 10:00 Chair Exercises 10:30 Bible Study – Preacher Jimmy Caine’s 11:45 Announcements 12:00 Lunch 1:00 Bingo</p>	<p>28</p> <p>9:00 Social- 10:00 Chair Yoga/Noya 10:30 Word Search 11:00 Geri Fit Class 11:45 Announcements 12:00 Lunch 1:00 Painting Class</p>	<p>29</p> <p>9:00 Social 10:00 Trivia Puzzles. 10:30 Word Search 12: 00 Lunch/ 1:00 Movie Day/Mystery Craft</p>	<p>30</p> <p>9:00 Social 10:00 Craft Catch-up 10:30 Geri Fit Class 11:00 N.C. Ext –Nutrition Class 12 00 Lunch 1:00 Valentine Craft</p>	<p>9:00 Social 10:00 Exercises 10:30 Card Games 11:00 Announcements 12:00 Lunch 1:30 Craft</p>

