### WHITEVILLE SENIOR CENTER JANUARY 2025

| Monday   | Tuesday  | Wednesday  | Thursday  | Friday   |
|--|--|--|---|--|
| CHECK US OUT ON FACEBOOK!  COLUMBUS COUNTY DEPARTMENT OF AGING ©               | Calendar Subject To<br>Change At Anytime!  | Happy<br>New Year  | 7:30am-3:30pm<br>Exercise Rm<br>10:30am Bingo<br>11:30am Lunch                  | 7:30am-3:30pm<br>Exercise Rm<br>10:30am Geri-Fit<br>Cardio Drumming<br>11:30am Lunch<br>12:00pm Chair Volleyball |
| 6  | 7  | 8  | 9   | 10   |
| 7:30am-3:30pm<br>Exercise Rm.<br>10:30am Geri-Fit &<br>Crafts<br>11:30am Lunch | 7:30am-3:30pm<br>Exercise Rm.<br>10:30am Pictionary &<br>Trivia<br>11:30am Lunch<br>12:30 pm Computer<br>Class | 7:30am-3:30pm<br>Exercise Rm.<br>10:30am Geri-Fit<br>11:30am Lunch<br>12:00pm Fellowship | 7:30am-3:30pm Exercise Rm 10:30am Bingo With Brittany 11:30am Lunch             | 7:30am-3:30pm<br>Exercise Rm<br>10:30am TV Time &<br>Games<br>11:30am Lunch                                      |
| 7:30am-7:30pm<br>Exercise Rm<br>10:30am Geri-Fit<br>11:30am Lunch              | 14 7:30am-3:30pm Exercise Rm 10:30am Cardio Drumming 11:30am Lunch 12:30pm Computer Class                      | 7:30am-3:30pm<br>Exercise Rm.<br>10:30am Geri-Fit<br>11:30am Lunch                       | 16<br>7:30am-3:30pm<br>Exercise Rm<br>10:30am Bingo<br>11:30am Lunch            | 7:30am-3:30pm<br>Exercise Rm<br>10:30am Cardio<br>Drumming<br>11:30am Lunch                                      |
| MARTIN LUTHER KING JR. DAY  HAVE A DREAM  CLOSED                               | 7:30am-3:30pm<br>Exercise Rm<br>10:30am Pictionary &<br>Trivia<br>11:30am Lunch<br>12:30pm Computer<br>Class   | 7:30am-3:30pm<br>Exercise Rm<br>10:30amGeri-Fit<br>11:30am Lunch                         | 7:30am-3:30pm<br>Exercise Rm<br>10:30am Bingo With<br>Germaine<br>11:30am Lunch | 7:30am-3:30pm<br>Exercise Rm<br>10:30am Crafts<br>11:30am Lunch<br>12:00pm Chair Volleyball                      |
| 27   | 20   | 29   | 20  | 21   |
| 7:30am-3:30pm<br>Exercise Rm<br>10:30am Geri-Fit<br>11:30am Lunch              | 7:30am-3:30pm<br>Exercise Rm<br>10:30am Crafts<br>11:30am Lunch<br>12:30pm Computer<br>Class                   | 7:30am-3:30pm<br>Exercise Rm<br>10:30am Geri-Fit<br>11:30am Lunch                        | 7:30am-3:30pm<br>Exercise Rm<br>10:30am Bingo<br>11:30am Lunch                  | 7:30pm-3:30pm<br>Exercise Rm<br>10:30am TV Time &<br>Games<br>11:30am Lunch                                      |

#### WHITEVILLE SENIOR CENTER JANUARY NEWSLETTER

# January



## PLEASE TELL YOUR FRIENDS & FAMILY ABOUT THE SENIOR CENTER SO THEY CAN COME OUT AND JOIN US!!!!

### ☺ HAPPY BIRTHDAY TO OUR JANUARY PEOPLE ☺

Contributions are greatly appreciated

WE WILL BE CLOSED NEW YEARS DAY WENESDAY JANUARY 1, 2025

HANNAH NIEBAUER JAUARY 7, 2025 10:30AM -11:30AM

WE WILL BE CLOSED MARTIN LUTHER KING JR. DAY MONDAY JANUARY 20, 2025

- © COMPUTER CLASS EVERY TUESDAY 12:30-2:30 PM ©
- © WE HAVE CHAIR VOLLEYBALL & CARDIO DRUMMING ©

Whiteville Senior Center 827 Washington Street Whiteville NC 28472 (910) 640-6602