

WHITEVILLE SENIOR CENTER MARCH 2025

Monday	Tuesday	Wednesday	Thursday	Friday
<p>3 7:30am-3:30pm Exercise Rm 10:30 Geri-Fit & Cardio Drumming 11:30am Lunch</p>	<p>4 7:30am-3:30pm Exercise Rm 10:30am Pictionary & Trivia 11:30am Lunch 12:30pm Computer Class</p>	<p>5 7:30am-3:30pm Exercise Rm 10:30am Geri-Fit & Cardio Drumming 11:30am Lunch 12:30pm Singing</p>	<p>6 7:30am-3:30pm Exercise Rm 10:30am Bingo With David 11:30am Lunch</p>	<p>7 <i>7:30am-3:30pm Exercise Rm</i> 10:30am Movie 11:30am Lunch 12:00pm Chair Volleyball</p>
<p>10 7:30am-3:30pm Exercise Rm. 10:30am Geri-Fit & Crafts 11:30am Lunch</p>	<p>11 7:30am-3:30pm Exercise Rm. 10:30am Mental Health Specialty 11:30am Lunch 12:30 pm Computer Class</p>	<p>12 7:30am-3:30pm Exercise Rm. 10:30am Geri-Fit 11:30am Lunch 12:00pm Fellowship 12:30pm Singing</p>	<p>13 7:30am-3:30pm Exercise Rm 10:30am Bingo With Brittany 11:30am Lunch</p> 	<p>14 7:30am-3:30pm Exercise Rm 10:30am TV Time & Games 11:30am Lunch</p>
<p>17 7:30am-3:30pm Exercise Rm 10:30am Geri-Fit & Cardio Drumming 11:30am Lunch <i>St .Patrick's Day</i></p>	<p>18 7:30am-3:30pm Exercise Rm 10:30am Cardio Drumming 11:30am Lunch 12:30pm Computer Class</p>	<p>19 7:30am-3:30pm Exercise Rm. 10:30am Geri-Fit 11:30am Lunch 12:30pm Singing</p>	<p>20 7:30am-3:30pm Exercise Rm 10:30am Bingo With Sabrina 11:30am Lunch 12:30pm Auction</p>	<p>21 7:30am-3:30pm Exercise Rm 10:30am Cardio Drumming 11:30am Lunch</p>
<p>24 7:30am-3:30pm Exercise Rm 10:30am Geri-Fit Cardio Drumming 11:30am Lunch</p>	<p>25 7:30am-3:30pm Exercise Rm 10:30am Pictionary & Trivia 11:30am Lunch 12:30pm Computer Class</p>	<p>26 7:30am-3:30pm Exercise Rm 10:30am Geri-Fit 11:30am Lunch 12:30pm Singing</p>	<p>27 7:30am-3:30pm Exercise Rm 10:30am Bingo With Germaine 11:30am Lunch</p>	<p>28 7:30am-3:30pm Exercise Rm 10:30am Crafts 11:30am Lunch 12:00pm Chair Volleyball</p>
<p>31 7:30am-3:30pm Exercise Rm 10:30 Geri-Fit Cardio Drumming 11:30am Lunch</p>			<p>Calendar Subject To Change At Anytime!</p>	<p>CHECK US OUT ON FACEBOOK! COLUMBUS COUNTY DEPARTMENT OF AGING ☺</p>

WHITEVILLE SENIOR CENTER MARCH NEWSLETTER

March

PLEASE TELL YOUR FRIENDS & FAMILY ABOUT THE SENIOR CENTER SO THEY
CAN COME OUT AND JOIN US!!!!

☺ HAPPY BIRTHDAY TO OUR MARCH PEOPLE ☺

Contributions are greatly appreciated

DR. SEUSS WEEK MARCH 3RD -7TH

GERIATRIC ADULT MENTAL HEALTH SPECIALTY TEAM
JULIE FOSTER MARCH 11, 2025 10:30-11:30AM

Incontinence Supplies at Department Of Aging
Thursday March13, 2025 12-1:30 pm

ST. PATRICK'S DAY MARCH 17, 2025 ☺ WEAR SOMETHING GREEN

**SINGING AT SHORELAND 1:30PM
WEDNESDAY MARCH 19, 2025**

FIRST DAY OF SPRING THURSDAY MARCH 20, 2025

☺ COMPUTER CLASS EVERY TUESDAY 12:30-2:30 PM ☺

☺ WE HAVE CHAIR VOLLEYBALL & CARDIO DRUMMING ☺

**Whiteville Senior Center
827 Washington Street
Whiteville NC 28472
(910) 640-6602**

